

H-F PHYSICAL EDUCATION GRADING POLICY PHILOSOPHY, POLICIES AND PROCEDURES

The Physical Education program at Homewood-Flossmoor High School is a sequence of learning experiences designed to fulfill the growth, development and behavior needs of each student. The program strives to achieve the development of skills, knowledge of activities, fitness, sportsmanship, and positive attitudes, which makes for a productive rich adult life. We do this through instruction in a wide variety of activities. We also feel that daily attendance and activity is a must for physical growth and health of the student. Our grading policy is reflective of this philosophy.

FINAL GRADE:

Semester grade will be determined as follows:

40% - 1ST QUARTER * 40% - 2ND QUARTER * 20% FINAL EXAM and FITNESS

QUARTER GRADES: Courses are broken into two or three units of instruction. Students earn points in each unit of instruction.

90% of each quarter grade will be determined by the student's **PARTICIPATION** in class activities. **Students must be dressed in proper uniform to participate.** Participation includes: warm-up, fitness, participating in the days activity, Heart Rate monitor points, etc

10% of each quarter grade will be determined by CLASSWORK and ASSESSMENTS.

SENIOR LEADERS AND LEADERS-IN-TRAINING GRADING BREAKDOWN:

***Students in the Leaders Program must maintain a B average for the semester and a C average or higher for the quarter.**

40% of each quarter grade will be determined by SKILLS TESTS and SKILL RELATED EVALUATION. Students earn points in each of the following categories; skill ability, officiating, teaching, initiative, and written evaluation.

40% of each quarter grade will be determined by LEADERSHIP ABILITY. Students earn points in each of the following categories; equipment management, promptness, exercises, enthusiasm, motivation, interaction with students, interaction with teachers, safety awareness, role model potential, and leadership.

20% of each quarter grade will be determined by the students DRESS and PARTICIPATION in class activities.

NOTE:

1. Parents will be notified if their student's participation grade drops to a C, and again by phone if it drops to a D.
2. If a student comes to class after the locker room is locked without a pass, the student will not be permitted into the locker room and will have to complete an alternate assignment to make-up that day's participation points.

Missing classes decreases the amount of time a student participates in the activities, a student's participation grade may be affected by excused absences unless they are made up. Unexcused absences may not be made up and will result in the student receiving zero points for that day's readiness and participation.

HOW TO MAKE-UP EXERCISE PARTICIPATION FROM EXCUSED ABSENCES:

Must be made up within one week of the absence - (45 minutes = 1 absence):

1. Individual make-up with a PE teacher, scheduled by the teacher and student. Students can submit workout videos through Google Classroom.
2. Alternate assignment from the teacher in or out of class.
3. The student may make-up 2 absences equal to 90 minutes of physical activity in an environment other than the school with a note from a parent or a supervising professional indicating the type and amount of time completed.
4. Supervised after school weight/fitness room activity with a signed note from the supervisor returned to the PE Teacher.
5. Bowling 2 games and submitting a signed score sheet to the teacher (Bowling Unit Only).
6. Open skating at the H-F Ice Arena.
7. Intramurals
8. Open gym (with supervisor) with a signed note from the supervisor returned to the PE Teacher.

****If make-up participation is not completed the student will lose participation points assigned by teacher****

1. UNIFORM

Every student must be dressed in proper uniform and footwear following the guidelines below to participate in class. Each student participant in the Physical Education Program is required to wear the **Homewood-Flossmoor High School physical education uniform.** The Physical Education uniform may be purchased from the H-F Campus Store. The student's last name should be placed on the appropriate space on the uniform.

- a. **Shorts and warm-up pants are to be worn with the waistband at the waist.**
- b. All students should wear athletic-type socks and tennis shoes.
- c. A student may also need a sweatshirt and sweatpants red, white, gray, or black only for cold weather. These are to be worn over the physical education uniform, not in place of it. Pajama pants are not

acceptable. Sweat clothes that are not of the acceptable colors will result in loss of points. Jackets, jeans, etc., are not permitted in place of a sweatshirt or sweatpants.

- d. Students are expected to wear their entire gym suit for class.
- e. Locks and Lockers: Each student will be assigned a small locker and must have a school-approved lock. When you are not in class, the lock should be locked on the small locker. Lock up your purse, wallet, books, clothing, and other valuables in the long locker during class. **Backpacks must remain in the locker room.** If your lock is missing, see a teacher immediately. No student will be allowed to share a lock and locker.
- f. Hats and/or headwear are **not** permitted in Physical Education class except in the Ice Arena.
- g. Clean rental clothing and heart rate straps are available from your teacher. All rentals need to be taken care of during the first 3 minutes of the dress period and students need to be out of the locker room in time for roll call. The cost is \$1.00 and your school ID. Rental clothing and straps are washed after each use. All rental clothing and straps must be turned in to the teacher before the dismissal bell to avoid being billed for the full cost of the rental item(s).

NO DRESS POLICY

For all no dresses teacher will deduct points from Readiness Grade - 1st No Dress - Teacher gives verbal warning to student. 2nd No Dress - Teacher contacts parent/guardian by phone or email

2. LOCKS AND LOCKER ROOM PROCEDURES

Students are assigned an individual locker and must purchase an HFHS LOCK for use. Lockers are school property, district-owned and, therefore, they may be examined at any time by authorized personnel. Students are to keep lockers free of food and trash.

- During the physical education class period students may use the assigned large locker and keep valuables locked up.
- At the end of the class period students will take all items out of the large locker and place all belongings they want to leave in the locker room in their small assigned locker and lock it.
- a. **No cell phone may be visible or in use in the locker room.**
- b. No food, drink, or glass containers are allowed in the locker room or activity areas.
- c. Students are not allowed in the locker room during their Physical Education class period.
- d. Students are responsible for keeping the locker room clean and orderly.
- e. Homewood-Flossmoor is **not** responsible for lost or stolen items.
- f. All students are responsible for cleaning out their lockers, taking all belongings and locks at the end of each semester. All items left will be removed and placed in the lost and found inside the locker rooms and students will be charged to obtain a new lock.

3. CLASS PROCEDURES

- a. **No cell phones or book bags are allowed in the class areas.**
- b. Students who are late getting to the locker room will be **issued a locker room tardy slip** and marked **"TARDY"**. If you are going to be late to the locker room for a legitimate reason, you need to get a pass from your previous teacher or the dean, etc.
- c. Attendance for class is taken in the proper activity area **5 minutes** after the beginning period bell has rung. A student who is not present in line for roll by this time will be marked **"TARDY"**.
- d. Students are allowed **7 minutes** to dress at the end of the period. Students are not allowed to leave the assigned area before the dismissal bell rings. Students who leave early without an instructor's permission will be referred for cutting class.
- e. If it is necessary to be excused from activity, report to your Physical Education teacher first. **DO NOT REPORT TO THE NURSE**. A note from a parent is a valid excuse from participation for a maximum of 2 days, after which time a doctor's note must be obtained; however, that student must dress in a P.E. uniform and complete any written assignments given. **** The status of a student's grade due to illness, medical reasons, or other extenuating circumstances will be determined by the Department Chair and instructor.**
- f. All injuries, even though minor, should be reported to your Physical Education instructor.
- g. Lost and found items: Items can be recovered from the locker room attendant or a Physical Education instructor in the locker room. All items other than Physical Education clothing will be turned in to the Campus Store at the end of each week.
- h. Students will not be allowed to use an activity area or equipment without teacher supervision.
- i. Any student who willfully damages equipment will be charged for the cost of replacement.
- j. Students will receive a referral for language or equipment abuse during class.

STUDENTS ARE EXPECTED TO BE DRESSED IN THE PROPER H-F UNIFORM ON A DAILY BASIS (INCLUDING DAYS WHEN MEDICALLY EXCUSED FROM PARTICIPATION) UNLESS OTHERWISE ARRANGED WITH THE TEACHER.